

The Best Caregiver

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Most of us want to be the best at what we do. As Personal Care Workers (PCWs) we enjoy working with people, especially those who need our "extra" help, and we have a sincere desire to make their lives better. So sometimes we may ask, "how can I further develop my PCW skills as I work to improve someone else's life?"

There are two general areas in our lives which, as we continue to improve them, bring us ever closer to being *The Best Caregiver*.

- Develop positive skills to work with the client and other CLA staff
 - Treat others with respect
 - Do not share personal information about the client with anyone else
 - Arrive on time for work
 - Be absent rarely
 - Keep accurate records of daily tasks performed (completing Record of Cares/Timesheet daily)
 - Cooperate with Personnel Care Coordinators (PCC) in planning and carrying out scheduled home visits

- Continue to grow personally and professionally by learning more about the PCW role and responsibilities
 - Complete and submit Record of Cares/Timesheets on time
 - Attend Standard Precautions Training annually as required
 - Follow ALL of CLA's work rules
 - Refer to PCW Employee Handbook frequently
 - Call the appropriate department at CLA with any questions that come up
 - Continue working on developing PCW skills

So as we continue to work toward being the best, keep in mind we will have "bad" days but many more "good" days. Learn from the bad days and then let them go. Enjoy all the good days and take all the credit you deserve for your part in helping to make them good. Then, as you continually improve your skills in your job, you will realize you are well on your way to becoming *The Best Caregiver*!